

VISIT NOTE

Patient: Jane Rivera (fictional example)

DOB: April 12, 1984

Date: September 17, 2026

SUBJECTIVE

Established patient seen for follow-up of type 2 diabetes, hypertension and hyperlipidemia. Morning glucose readings are 150-180 mg/dL without hypoglycemia. Taking metformin 1,000 mg twice daily. Home systolic blood pressures are in the 140s while taking lisinopril 10 mg daily. Denies dizziness or chest pain. Taking atorvastatin 20 mg nightly.

OBJECTIVE

Blood pressure 146/88 mmHg. A1c 7.8%, previously 7.1%. Kidney function described as stable. LDL 92 mg/dL. No additional examination findings documented in this example.

ASSESSMENT

1. Type 2 diabetes mellitus with hyperglycemia, above goal.
2. Essential hypertension, above goal.
3. Hyperlipidemia, controlled on current therapy.

PLAN

Diabetes: Continue metformin 1,000 mg twice daily. Repeat A1c in three months.

Hypertension: Increase lisinopril from 10 mg to 20 mg daily for persistently elevated blood pressure.

After the dose change: Check kidney function and potassium in one week.

Home monitoring: Check blood pressure at home. Bring readings to follow-up in four weeks.

Return precautions: Contact the practice for dizziness or low blood pressure readings.

Hyperlipidemia: Continue atorvastatin 20 mg nightly. Repeat lipids in three months.

Routine labs: Repeat metabolic panel in three months.

Fictional visit for product demonstration. Example coding requires clinician review.

ICD-10 DIAGNOSES

E11.65 Type 2 diabetes mellitus with hyperglycemia

I10 Essential hypertension

E78.5 Hyperlipidemia, unspecified

CPT PROCEDURES

99214 Established outpatient visit, example level for review