INTERNAL MEDICINE

Hypertension follow-up

Blank documentation outlines. Adapt to the encounter and your practice requirements; complete only findings and care actually documented.

ENCOUNTER

Patient name:

Date of birth:

Date and time of encounter:

Clinician:

INTERVAL HISTORY

Changes since the previous visit

Symptoms reported

Medication use as reported, adherence and adverse effects

Salt intake, activity, alcohol and other factors discussed

BLOOD PRESSURE READINGS

Office readings today, with position, arm and time

Repeat readings if taken

Home readings reviewed, with device, dates and number of readings

FINDINGS

Other vitals measured today, with units

Relevant examination findings

Laboratory results reviewed with dates

ASSESSMENT AND PLAN

Current control and supporting readings

Medication decisions and rationale

Agreed target and home monitoring plan

Orders and counseling provided

FOLLOW-UP

Follow-up timing and purpose

Return precautions discussed

Patient questions and understanding